

# SoulJourn

with Naomi Sirio

## Consulting support for women navigating the system of Family Law

Separation and divorce is one of the most emotionally draining times of your life. As far as stress goes ... it doesn't get much bigger. Add to that, the complexity of the Family Law system and you may find yourself drowning in overwhelm.

What are some of the benefits of connecting with SoulJourn Consulting?

- Communicate clearly and effectively with your family lawyer
- Learn some self-care management strategies to minimise the emotional impact on you throughout the process
- Have someone work alongside you who has been through it both personally and professionally, and has come out the other side with the knowledge and skills to support you
- Learn and grow through the process, feeling accomplished and at peace



Naomi has worked alongside Family Dispute Resolution practitioners and spent four years working intensively with women and children in relation to Domestic and Family Violence (DFV). She has a solid understanding and working knowledge of DFV and its impact throughout the separation and mediation process and has qualifications in counselling, psychotherapy, education and training.

Whether you need someone to walk alongside you through this transition or just someone to check-in with once in a while, Naomi may be able to help.

### FREE telephone consultation

Call or email to schedule your free  
20 minute telephone consultation today



### Naomi Sirio

Naomi is a spiritually guided Psychotherapist and Intuitive Coach.

She is also the founder and creator of SoulJourn; a holistic therapeutic practice combining energy healing, bodywork, psychotherapy and coaching.